



Cribs for Kids Program

If you are pregnant or recently had a baby, you may be eligible for a **free** pack n' play through the Portage County Health District's "Cribs for Kids" Program.

In order to receive your free pack n' play, plus a free crib sheet, sleep sack, and sleep-related educational materials you: (1) must have an infant who weighs less than 30 lbs. –or-- be a pregnant mom who is at least 32 weeks pregnant, (2) must verify that you do not have a safe place for your infant to sleep, and (3) attend a safe sleep education class.

PMHA staff members have been trained in the "Cribs for Kids" Program and are available to conduct your safe sleep education class on-site at the PMHA main office, at the community rooms at various Public Housing sites, or even in your housing unit. It is strongly recommended that you call in advance to schedule an appointment, as staff members' availability to assist walk-ins varies each day.

For more information or to schedule an appointment, please call (330) 297-1489 extension 213 for Sabrina Moss or extension 239 for Carolyn Budd.

PMHA's Mission Statement

The Portage Metropolitan Housing Authority is dedicated to meeting the housing needs of low-income families and individuals of Portage County by developing, managing and supporting decent, affordable housing in cooperation with community partners.

Office Hours

PMHA offices are open Mondays through Thursdays from 7:00 AM to 6:00 PM, except for holidays. Office visitors are advised to call ahead for an appointment whenever possible.



You Can Take Control of Your Health in 2018!

Beginning in January 2018, PMHA has offered **free** on-site presentations at Eastowne Manor and Etna House, courtesy of Guardian Angel Home Health Care. These on-site presentations are aimed to assist participants with understanding their health, to gain knowledge in various health-related topics, and to assist with individual well-being in order to improve quality of life and keep elderly/disabled residents in their homes (and out of facility care) as long as possible. The presentations, offered monthly at both locations, are conducted by Guardian Angels nursing staff.

The schedule of presentations is listed below. You are invited to attend the presentations at either location. Presentation are held in the Community Room of each location.

Date: Wednesday, February 21, 2018

Topic: COPD - Chronic Obstructive Pulmonary Disease

**Times/Locations: 1:00PM – Eastowne Manor
2:30PM – Etna House**

Date: Wednesday, March 21, 2018

Topic: Medication Management

**Times/Locations: 1:00PM – Eastowne Manor
2:30PM – Etna House**

If you have any questions, please contact Sabrina Moss at (330) 2971-1489 extension 213 or by email at ssmoss@portagehousing.org.

♥ *Happy Valentines Day* ♥

FREE Fun for Everyone at Reed Memorial Library

The **Gaming Club** meets on the second Monday of every month (February 12, March 12, April 9, May 14, June 11, July 9, August 13, September 10, October 8, November 12, and December 10), from 6:30PM to 8:30PM. Participants are invited to play board games, role playing games, and collectible card games. Teens and adults are welcome, and families with younger children should feel free to participate as well. No registration is required.

The **Puzzle Exchange** takes place on the second Saturday of every month (February 10, March 10, April 14, May 12, June 9, July 14, August 11, September 8, October 13, November 10, and December 8), from 9:00AM to 1:00PM in the Jenkins Room. Puzzle enthusiasts can swap, switch and trade puzzles and some board games. No registration is required for this free program, and participants may come and go throughout the length of the exchange.

The **Writer's Group** is an adult program that meets on the fourth Tuesday of every month (February 27, March 27, April 24, May 22, June 26, July 24, August 28, September 25, October 23, and November 27), from 1:30PM to 2:30 PM. This group is an opportunity to share your writing and receive feedback. No registration required.

Call the Reed Memorial Library for more details: (330) 296-2827.



Office Closings

The PMHA office will be closed as follows in recognition of holidays:

MONDAY, FEBRUARY 19, 2018
George Washington's Birthday

MONDAY, MAY 28, 2018
Memorial Day

WEDNESDAY, JULY 4, 2018
Independence Day



PMHA Homeownership Assistance Program

Homeownership is a dream that can come true for many Public Housing Residents. Participating families receive monthly housing assistance from PMHA, paid toward their mortgage payments, if their home is purchased through the PMHA Homeownership Program.

Even if you have obstacles, such as bad credit or limited income, you still can receive guidance from PMHA staff on how to overcome these obstacles and become homeownership-ready. If you would like additional information on how to make your dream of becoming a homeowner a reality, **please contact Kelley Pesicek at (330) 297-1489 extension 215 or by email at kpesicek@portagehousing.org.**

Do you need help, but don't know where to turn?

Assistance to PMHA Public Housing residents is available through referrals and linkages to community services. **Sabrina Moss**, Social Services Coordinator, is available to assist you. Please feel free to contact Sabrina at the PMHA office if you or a family member is in need of assistance.

Phone: (330) 297-1489 Ext. 213 • Fax: (330) 297-6295 • Email: smoss@portagehousing.org

Sabrina's Office Hours: Monday through Thursday from 7:00AM to 5:00PM